



1<sup>st</sup> Five Healthy Mental Development Initiative

# WASHINGTON COUNTY DIRECTORY OF COMMUNITY SERVICES

**Including the communities of Ainsworth, Brighton,  
Crawfordsville, Kalona, Riverside, Washington,  
Wellman, and West Chester**



110 N. Iowa Avenue, Suite 300  
Washington, Iowa 52353  
319-653-7758  
www.washph.com  
www.facebook.com/washph

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## **EMERGENCY**

<b>Fire</b> .....	<b>911</b>
<b>Police</b> .....	<b>911</b>
<b>Ambulance</b> .....	<b>911</b>
<b>Washington County Sheriff</b> .....	<b>319-653-2107</b>
<b>Iowa State Patrol</b> .....	<b>800-525-5555</b>
<b>Poison Control Center</b> .....	<b>800-222-1222</b>
<b>Mental Health Crisis Line</b> .....	<b>877-404-4770</b>
24 hrs/day – Full Service Crisis Line for General Problems, Family Issues, Financial Issues, Abuse, Rape, Suicide, etc.	
<b>Washington County Hospitals &amp; Clinic</b> ..	<b>319-653-548</b>
<b>To Report Child &amp; Adult Abuse &amp; Neglect 24 hours a day</b> .....	<b>800-362-2178</b>

## **CHILD CARE**

### **Child Care Nurse Consultant**

1609 Cedar St, Muscatine..... 563-263-0122  
Providing on-site consultation, training, and technical  
assistance to early childhood care and education to  
Washington County providers.

### **Head Start** [hacap.org/whatwedo/children/programs](http://hacap.org/whatwedo/children/programs)

2175 Lexington Blvd, Bldg 1, Washington ..... 319-653-7275  
Preschool and All Day service for children ages 3 -5. Income  
guidelines apply [www.iowaheadstart.com](http://www.iowaheadstart.com)

### **Kids Corral Daycare**

1509 E. Washington St, Washington ..... 319-591-8028  
Serving children ages newborn through school age.

### **Kids Country Club**

1369 Hwy 1, Kalona ..... 319-656-5437  
Serving children ages newborn through school age.

### **Sunrise Child Care** [sunrisewellman.com](http://sunrisewellman.com)

525 13th St. Suite 202, Wellman..... 319-646-2890  
Serving children ages 6 weeks through 5 years. After school  
programs for school aged children.

### **Washington Community Y Cornelia S. Day Child Care Center** [washingtoney.org/child\\_care.aspx](http://washingtoney.org/child_care.aspx)

821 N. 4<sup>th</sup> Street, Washington.....319-653-3315  
Serving children from age 6 weeks through kindergarten. After  
school programs for school aged children. (Building entrance  
on N. 2<sup>nd</sup> St)

### **Up with Kids Day Care**

1203 E Washington St. Washington.....319-653-7522

### **Iowa Child Care Resource & Referral** [iowaccrr.org](http://iowaccrr.org)

Parent Referral line..... 855-244-5301  
Assists families in selecting child care providers who best meet  
the needs of a child and their family.

### **Department of Human Services**

304 South Maple, Fairfield.....800-626-6249  
Listing of registered and licensed providers by county.  
[ccmis.dhs.state.ia.us/ClientPortal/ProviderLocator.aspx#](http://ccmis.dhs.state.ia.us/ClientPortal/ProviderLocator.aspx#)

## **CITY & COUNTY OFFICES**

<b>Ainsworth City Hall</b> .....	319-657-3761
<b>Brighton City Hall</b> .....	319-694-2695
<b>Crawfordsville City Hall</b> .....	319-658-3251
<b>Kalona City Hall</b> .....	319-656-2310

**Riverside City Hall** ..... 319-648-3501  
**Washington City Hall** ..... 319-653-6584  
**Wellman City Hall** ..... 319-646-2154  
**West Chester City Hall** ..... 319-698-2600

**POLICE (non-emergency)** Washington Safety Center covers all towns in Washington County for non-emergencies ..... 319-653-2107  
 Wellman (Police) ..... 319-646-2700

**FIRE (non-emergency)**  
 Ainsworth ..... 319-657-2863  
 Wellman ..... 319-646-2422  
 West Chester ..... 319-646-2422  
 Washington Police Department dispatches to all other local fire departments ..... 319-653-2239

**Juvenile Court Services** [iowacourts.gov](http://iowacourts.gov)  
 110 N. Iowa #420 ..... 319-653-2197

**Washington County Courthouse** [co.washington.ia.us](http://co.washington.ia.us)  
 224 W. Main St., Washington  
 Motor vehicle registration, drivers licenses, property taxes

**Washington County Sheriff** [co.washington.ia.us/158/Sheriff](http://co.washington.ia.us/158/Sheriff)  
 2181 Lexington Blvd ..... 319-653-2107

## Local Chambers of Commerce

**Kalona Chamber of Commerce** [kalonachamber.com/](http://kalonachamber.com/)  
 514 B Avenue, Kalona ..... 319-656-2660

**Washington Chamber of Commerce** [chamber.washingtoniowa.org](http://chamber.washingtoniowa.org)  
 205 W Main St, Washington ..... 319-653-3272

**Wellman Chamber of Commerce** [facebook.com/wellmanchamber/](https://facebook.com/wellmanchamber/)

## COUNSELING & MENTAL HEALTH

**CommUnity Crisis Services and Food Bank** (Formerly Crisis Center of Johnson County)

[www.iowacrisischat.org](http://www.iowacrisischat.org)  
 Iowa City Center...319-351-0140 or Toll Free 855-325-4296  
 Text ..... 1-855-325-4296  
 National Hotline.....800-273-TALK (8255)  
 Emotional support, crisis intervention and suicide prevention services provided through online support, text, or chat.

**Domestic Violence Intervention Program** [dviipiowa.org](http://dviipiowa.org)  
 1105 S. Gilbert St, Iowa City ..... 319-351-1043  
 24 Hour Crisis Line ..... 800-373-1043  
 Providing support, safe shelter, resources, and information to individuals battered by their intimate partner.

**First Resources CHOICES Drop-in Recovery Center**  
 114 W 2<sup>nd</sup> St, Washington ..... 319-591-8176  
 CHOICES is a consumer run drop in center that provides social support for adults with psychiatric needs. First Resources also provides Intensive Psychiatric Rehabilitation.

**Grace C Mae** [advocatecenter.org](http://advocatecenter.org)  
 420 E Polk ..... 319-653-2930  
 Individual, family, group, cognitive, and play therapy to help people find solutions to a variety of life issues and problems.

**Hillcrest Family Services** [hillcrest-fs.org](http://hillcrest-fs.org)  
 2175 Lexington Blvd ..... 319-653-6161  
 Offers a wide range of behavioral health services for individuals, couples, and families facing a variety of life challenges, as well as crisis intervention.

**Rape Victim Advocacy Program (RVAP)**  
[isah.uiowa.edu/directory/county/show/washington](http://isah.uiowa.edu/directory/county/show/washington)  
 Local crisis line: ..... 319-335-6000  
 Regional crisis line: ..... 800-228-1625  
 Office phone number: ..... 319-335-6001

**Systems Unlimited**     [sui.org](http://sui.org)  
208 S Iowa Ave..... 319-653-3356  
Offers individual and family therapy as well as skill building services.

**UIHC Child Psychiatry Services**  
[uichildrens.org/medical-services/psychiatry-and-psychology](http://uichildrens.org/medical-services/psychiatry-and-psychology)  
200 Hawkins Drive.....888-573-KIDS (5437)  
Services ranging from outpatient care to acute inpatient treatment and include medication management, educational consultation and testing, psychological testing, individual therapy, and family counseling.

**UIHC Adult Psychiatry Services**  
[uihc.org/medical-services/psychiatry](http://uihc.org/medical-services/psychiatry)  
200 Hawkins Drive..... 800-777-8442

**Washington County Mental Health and Disability Services**  
[co.washington.ia.us](http://co.washington.ia.us)  
2175 Lexington Blvd Bldg #2 ..... 319-653-7751  
Washington County Mental Health and Disability Services is a local access point where people may apply for service funding, receive referrals and get questions answered.

## DENTAL

**Dental House of Washington**  
525 S. Hwy 1, Washington ..... 319-653-4451  
**Washington Dental Care**     [washingtondentalcare.com](http://washingtondentalcare.com)  
1051 W. Madison St, Washington ..... 319-653-3412  
**Dr. Deb Krotz-Dieleman**  
218 S Iowa Ave, Washington ..... 319-653-4298  
**Dr. Chad Wiese**  
1004 E Washington St, Washington ..... 319-653-2201  
**Dr. Suzanne Stock** – Orthodontist     [drssortho.com](http://drssortho.com)  
110 E Main St..... 319-653-5090  
**Community Health Centers of Southeastern Iowa**  
[chcseia.com](http://chcseia.com)  
2409 Spring St, Columbus City..... 319-728-7400

**Kalona Family Dental**     [drgrimmdental.com](http://drgrimmdental.com)  
409 B Ave, Kalona ..... 319- 656-3264  
**River Hills Community Health Center**     [riverhillshealth.org](http://riverhillshealth.org)  
100 Main St., Richland..... 319-456-2045  
**Riverside Family Dental**     [drgrimmdental.com](http://drgrimmdental.com)  
380 East Hickory Street, Riverside ..... 319-648-3900  
**Dr. Polly Iben** (Pediatric)  
[pedsddsiccv.com/meet-us/meet-dr-polly-iben](http://pedsddsiccv.com/meet-us/meet-dr-polly-iben)  
414 10th Ave B, Coralville ..... 319-338-7520  
**Dr. Donald Peterson Jr.** (Pediatric)     [dentistforkidz.com](http://dentistforkidz.com)  
501 12th Ave #202, Coralville ..... 319-351-5439  
**Dr. Bart Thompson** (Pediatric) [bartthompsondental.com](http://bartthompsondental.com)  
1031 Wade St, Iowa City..... 319-338-8571  
**Dr. Kaaren Vargas** (Pediatric) [corridorchildrensdentistry.com/en](http://corridorchildrensdentistry.com/en)  
1738 Lininger Ln, North Liberty ..... 319-665-2573  
**University of Iowa Pediatric College of Dentistry**  
[dentistry.uiowa.edu/pediatric](http://dentistry.uiowa.edu/pediatric)  
801 Newton Rd., Iowa City..... 319-335-7485

## DISABILITY/DEVELOPMENTAL DELAY

**Center for Disabilities and Development (CDD)**  
100 Hawkins Drive, 213 CDD, Iowa City ..... 877-686-0031  
Provides a team approach to find answers for patients with complex needs.

**CHADD** (Children & Adults with Attention Deficit/Hyperactivity Disorder)  
[chadd.net/template.cfm?affid=347&p=about](http://chadd.net/template.cfm?affid=347&p=about)  
Cedar Rapids branch..... 319-551-8352  
Information and support for families and individuals affected by ADHD.

**Child Health Specialty Clinics (CHSC)**     [chsciowa.org](http://chsciowa.org)  
100 Hawkins Dr., 230 CDD Iowa City..... 866-219-9119  
A community based public health agency serving children and youth who have or at risk of having special health care needs including chronic conditions, behavioral or emotional disorders or more complex health conditions.

**CHSC's Iowa Regional Autism Assistance Program**  
<https://chsciowa.org/regional-autism-assistance-program.asp>  
..... 866-219-9119  
Connects families to services for their child (ages 0-21) with Autism Spectrum Disorder. Families have access to care coordination and family to family support in their community.

**ChildServe Center** [childrenscenterfortherapy.org](http://childrenscenterfortherapy.org)  
1552 Mall Drive, Iowa City ..... 319-351-5437  
Services include respite care, supported community living, and behavioral health services in addition to pediatric physical, speech, and occupational therapies.

**Disability Rights Iowa** [disabilityrightsiowa.org](http://disabilityrightsiowa.org)  
email: info @DRIowa.org ..... 800-779-2502  
Information, education, and legal assistance provided for persons with disabilities, including mental illness, to help them deal with discrimination.

**DHS Iowa Department of Human Services**  
[dhs.state.ia.us](http://dhs.state.ia.us)  
304 South Maple, Fairfield...800-642-6249 or 641-472-5011  
Provides a variety of economic programs for people with disabilities.

**Grant Wood Area Education Agency** [www.aea10.k12.ia.us](http://www.aea10.k12.ia.us)  
4401 Sixth Street SW, Cedar Rapids.....319-338-8488 or 319-399-6700  
See description under *Children, Youth & Families*

**Optimae Lifeservices** [optimaelifeservices.com](http://optimaelifeservices.com)  
1415 West 5<sup>th</sup> St ..... 319-653-6571  
Provides health care and human services for individuals with developmental disabilities.

**REM – Iowa** [remiowa.com](http://remiowa.com)  
1307 N. 5<sup>th</sup> Ave ..... 319-653-7306  
Services for people with intellectual and developmental disabilities as well as day and residential services for those with brain injuries.

**Systems Unlimited** [sui.org](http://sui.org)  
208 S Iowa Ave ..... 319-653-3356  
Provides supported community living services to children and adults in their own homes. Services can be provided through the Home and Community Based Medicaid Waivers or through Chapter 24.

**The Arc of Iowa** <http://thearcofiowa.org>  
2620 Muscatine Ave, Iowa City ..... 319-351-5017  
The Southeast Iowa affiliate of the national organization on mental retardation.

**Washington County Mental Health and Disability Services**  
[co.washington.ia.us](http://co.washington.ia.us)  
2175 Lexington Blvd Bldg #2 ..... 319-653-7751  
See information under “Counseling & Mental Health”

**WCDC** [wcdcinc.com](http://wcdcinc.com)  
1425 W 5<sup>th</sup> St ..... 319-653-7248  
Provides services including day habilitation, transportation, and community living for individuals with developmental disabilities as well as skill development for children and families with emotional disabilities and other dysfunctional behaviors. WCDC provides supported employment services through **Advanced Employment Services**  
109 S Marion Ave, Washington ..... 319-653-7568

## EDUCATION

**Grant Wood Area Education Agency** [aea10.k12.ia.us](http://aea10.k12.ia.us)  
4401 Sixth Street SW, Cedar Rapids.....319-399-6700 or 800-332-8488

Childcare Alliance Response Team: Intensive behavioral support for children in child care settings.

Early ACCESS: Early intervention for children birth to three with delays in development or health/physical conditions that affect development.

Autism Core Team: Members of this team provide a variety of services including student observation, functional analysis, educating peers about autism, and a variety of other services to help support individuals in the autism spectrum and the staff working with them.

Special Education: Free services to children with special needs and all children with disabilities (birth-21 yrs). Services include: hearing screenings and diagnostic testing, services to the mentally disabled, severe/profound and physically handicapped children located in select school centers, speech-language services and special education consulting.

## **PRESCHOOL – Grade 12**

### **First Baptist Preschool**

122 E 2nd St, Washington ..... 319-653-3748

### **Head Start Preschool**

2176 Lexington Blvd, Washington ..... 319-653-4319  
Income based no cost preschool

### **Kingdom Kids Preschool**

209 E Main, Washington ..... 319-653-6588

### **St James Preschool**

616 W 2nd St, Washington ..... 319-653-3631

## **Highland Community School District**

[highland.k12.ia.us](http://highland.k12.ia.us)

### **Highland Elementary** (Preschool)

220 Schnoebelen St, Riverside ..... 319-648-2821

### **Middle School**

1715 Vine Ave, Riverside ..... 319-648-5018

### **High School**

1715 Vine Ave, Riverside ..... 319-657-4101  
or 319-648-2891

## **Mid-Prairie Community School District**

[mid-prairie.k12.ia.us/pages/Mid-PrairieCSD](http://mid-prairie.k12.ia.us/pages/Mid-PrairieCSD)

### **Mid-Prairie East Elementary** (Preschool)

702 6th St., Kalona ..... 319-656-2243

### **Mid-Prairie West Elementary** (Preschool)

800 6th Ave, Wellman ..... 319-646-2984

### **Middle School**

713 F Ave., Kalona ..... 319-656-2241

### **High School**

1634 Hwy 22, Wellman ..... 319-646-6091

### **Alternative Learning Center**

1636 Hwy 22, Wellman ..... 319-646-6093

## **WACO Community School District**

### **WACO Elementary** (Preschool)

200 S Main St, Crawfordsville ..... 319-658-2931

### **WACO Jr. and High School**

706 N. Pearl St, Wayland ..... 319-256-6200

## **Washington Community School District**

[washington.k12.ia.us](http://washington.k12.ia.us)

### **Stewart Elementary** (Preschool)

821 N 4th Ave., Washington ..... 319-653-3244

### **Lincoln Elementary**

606 N 4th Ave, Washington ..... 319-653-3691

### **Middle School**

313 S 4th Ave, Washington ..... 319-653-5414

### **High School**

1111 S Avenue B, Washington ..... 319-653-2143

### **Washington/WACO Home School Assistance Program**

300 S. Iowa Ave., Washington ..... 319-653-4655

## **Private Schools**

### **Iowa Mennonite School** (9-12)

[iowamennonite.org](http://iowamennonite.org)

1421 540th St SW, Kalona ..... 319-656-2073

### **Pathway Christian School** (K-12)

[pathwaychristian.net](http://pathwaychristian.net)

5764 Highway 1 SW, Kalona ..... 319-656-5443

**St James School** (PreK-5) [stjamesschool.pvt.k12.ia.us/](http://stjamesschool.pvt.k12.ia.us/)  
602 W 2<sup>nd</sup> Street, Washington ..... 319-653-3631

### **Post Secondary and Adult Education**

**Kirkwood Community College: Washington County Regional Center** [kirkwood.edu/washingtonregional](http://kirkwood.edu/washingtonregional)  
2192 Lexington Blvd., Washington ..... 319-653-4655  
College courses provided to help students complete an AA, transfer to a 4 year college, or earn college credit while in high school.

### **Iowa State University Extension**

[extension.iastate.edu/washington](http://extension.iastate.edu/washington)  
2223 250th St, Washington ..... 319-653-4811  
Information and educational programs including aging, childcare, financial management, food safety, nutrition and more.

### **L.E.T.'s Center for the Healing and Creative Arts**

[letscenter.org/](http://letscenter.org/)  
114 N. Iowa Ave, Washington ..... 319-531-1219  
Offers a variety of classes as well as a place for people to learn, experience, and practice many different types of art.

## **EMPLOYMENT/JOB TRAINING & PLACEMENT**

**Advanced Employment Services** [wcdcinc.com](http://wcdcinc.com)  
109 S Marion Ave, Washington ..... 319-653-7568  
Supportive services for persons with disabilities to learn job skills and to find/maintain employment.

**Iowa Vocational Rehabilitation Services** [ivrs.iowa.gov](http://ivrs.iowa.gov)  
1700 South 1<sup>st</sup> Ave, Suite 25D, Iowa City ..... 319-337-5733  
Provides individualized job placement, career exploration, and vocational training services to eligible individuals with disabilities.

**Iowa Workforce Development / IowaWorks Center / Job Corps of Iowa** [iowaworkforcedevelopment.gov/cedar-rapids-iowa-city](http://iowaworkforcedevelopment.gov/cedar-rapids-iowa-city)

Eastdale Plaza 1700 S 1st Avenue, Suite 11B, Iowa City .....319-351-1035  
Provides job placement services to unemployed and underemployed individuals, and processes unemployment insurance claims. Workforce Investment Act (WIA) serves individuals ages 16 and up.

### **Promise Jobs** (IowaWorks Center)

[iowaworkforcedevelopment.gov/promise-jobs](http://iowaworkforcedevelopment.gov/promise-jobs)  
Eastdale Plaza 1700 S 1st Avenue, Suite 11B, Iowa City .....319-351-1035  
Application approval and referral from DHS required. Pre-employment and on the job training, secondary education certification. Financial assistance for low-income persons with tuition, childcare and transportation. This program is available for individuals on the Family Investment Program (FIP).

## **FAMILY/PARENT SUPPORT**

### **1<sup>st</sup> Five Healthy Mental Development Initiative**

<http://www.washph.com/ChildHealth/1stFive.aspx>  
110 N. Iowa Ave, Ste. 300, Washington...319-653-7758 ext. 105  
A Washington County Public Health program that links families with children from 0-5 to local services that meet a variety of needs and concerns from child development issues to family stress. Parents and caregivers seeking a referral can access this service through their local medical provider.

### **Children in the Middle Classes**

[family-development.org](http://family-development.org)  
Family Development Associates ..... 800-261-5097  
Provides educational classes in Washington Co. that focus on the needs of children whose families are in the midst of a change or conflict, such as divorce or separation.

**ISU Extension & Outreach Washington County Office**  
[extension.iastate.edu/washington](http://extension.iastate.edu/washington)  
2223 250<sup>th</sup> Street ..... 319-653-4811  
Offering classes in finance, nutrition, food safety, and more.

**The Family Connection**  
[washph.com/ChildHealth/TheFamilyConnection/asp](http://washph.com/ChildHealth/TheFamilyConnection/asp)  
110 N. Iowa Avenue Suite 300..... 319-653-7758  
A free early childhood focused family support and education program for parents and their children ages 0-4 living in Washington County. Services include in-home visits, weekly playgroups, and family-focused group activities.

**Washington County Public Health** [washph.com](http://washph.com)  
110 N. Iowa Ave, Washington 319-653-7758  
Committed to protecting and promoting the health of all Washington County residents, Public Health offers a variety of services including: vaccinations, dental services, WIC clinics, nursing and home care services, and information as well as assistance in understanding and applying for Medicaid, hawk-i, and other insurance programs.

## **FOOD & FINANCIAL**

### **Food Pantries**

**All pantries listed have different times and regulations. Please contact them by phone before going to the sites.**

**Ainsworth Community Church**  
350 N 4<sup>th</sup>, Ainsworth ..... 319-653-3020  
**Church of God**  
322 S Ave D, Washington..... 319-653-5678  
**Asberry UMC**  
601 8<sup>th</sup> Ave, Wellman ..... 319-646-2417  
**Fairview Mennonite Food Pantry**  
2605 540<sup>th</sup> At, Kalona ..... 319-683-2571  
**Grace Community Church**  
301 W 2<sup>nd</sup> St, Washington ..... 319-653-3881  
**Food for All – Kalona UMC**

302 4<sup>th</sup> St, Kalona..... 319-656-2642  
**HACAP**  
2175 Lexington Blvd. Bldg #1, Washington ..... 319-653-7275  
**Mobile Food Pantry** – Open on the 1<sup>st</sup> Thursday of each month in **Brighton** (City Hall) from 10:30 am-11:30 am and **Washington** (United Presbyterian Church Parking Lot) 1-2 pm  
**House of Plenty Food Pantry – Kalona**  
1103 J Ave, Kalona..... 319-656-2298  
**Kalona Food Pantry**  
401 E Ave, Kalona ..... 319-656-5285  
**Our Church Community Church**  
1474 Franklin Ave, Wayland..... 319-461-0576  
**St. Mary’s Hall**  
360 Washburn St., Riverside ..... 319-648-2331

### **Community/Senior Meal Sites**

**United Presbyterian Church** – Saturday Kitchen 11 am-1 pm  
209 East Main, Washington ..... 319-653-6588  
**Wellman Senior Dining**  
223 8<sup>th</sup> Ave., Wellman..... 319-646-2711

### **Financial**

**DHS Iowa Department of Human Services** [dhs.state.ia.us](http://dhs.state.ia.us)  
304 South Maple, Fairfield..... 800-642-6249 or 641-472-5011  
Hrs: Monday – Friday 8 am – 4:30 pm  
Economic Programs: FIP (Family Investment Program), food assistance, medical assistance (Medicaid). Referrals/funding for service programs including: foster care, shelter care, institutional care, adoption, independent living, day care, and child abuse assessments.

**SNAP** [oasis.iowa.gov](http://oasis.iowa.gov)  
Government food assistance program ..... 855-944-3663

### **WIC – Women, Infants & Children Program**

[idph.iowa.gov/wic](http://idph.iowa.gov/wic)  
WIC is a supplemental food program for pregnant and nursing mothers, and children from birth through age 5. Johnson County WIC provides services in Washington County.



Washington WIC scheduling ..... 319-653-7758  
Iowa City WIC scheduling..... 319-356-6042

**General Assistance**

[co.washington.ia.us/291/General-Assistance](http://co.washington.ia.us/291/General-Assistance)

2175 Lexington Blvd, Washington ..... 319-653-7768  
General Assistance is located in the Orchard Hill Complex Building #2. Provides assistance on a temporary basis for a limited period of time. It can be used to pay for basic needs such as: rent, utilities, burial, and food vouchers for clients who are unable to work.

**HACAP**

2175 Lexington Blvd. Bldg #1, Washington ..... 319-653-7275  
Applications for LiHEAP, Low Income Home Energy Assistance Program.

**Washington County Veterans Affairs**

[co.washington.ia.us/181/Veterans-Affairs](http://co.washington.ia.us/181/Veterans-Affairs)

2175 Lexington Blvd, Building #2 ..... 319-653-7768  
Support for veterans and their families.

**HEALTH CARE**

**Chiropractic Providers**

**Bright Futures Chiropractic**

131 E Ave, Kalona..... 319-656-2888

**Brown Chiropractic**

109 N Marion Ave, Washington ..... 319-653-3336

**Burdock Family Chiropractic**

208 S Marion Ave, Washington ..... 319-653-3573

**Campbell Chiropractic Office**

1359 Ginkgo Ave, Wellman ..... 319-646-2411

**Eastern Iowa Chiropractic & Massage Therapy**

112 E Washington St, Washington..... 319-653-6000

**Errthum Chiropractic**

412 C Ave, Kalona ..... 319-656-2085

**Ryan Miller J DC**

214 8<sup>th</sup> Ave, Wellman..... 319-646-6800

**Tweeton Chiropractic**

214 S Iowa Ave, Washington..... 319-653-2351

**Washington Chiropractic PC**

411 B Ave, Kalona ..... 319-656-3756

**Medical Providers**

**Community Health Center**

[chcseia.com/services.htm](http://chcseia.com/services.htm)

2409 Spring Street, Columbus City ..... 319-728-7400  
Provides affordable, comprehensive, primary health care, especially those individuals/families with limited resources or other barriers to health care.

**Community Health Center** [riverhillshealth.org](http://riverhillshealth.org)

100 West Main, Richland..... 319-456-2045  
Medical and dental services as well as assistance in applying for medical insurance coverage.

**Compassus**

[compassus.com/](http://compassus.com/)

1621 E. Washington St, Washington ..... 319-653-2035  
Provides hospice and respite services to a 10 county area. Services available 24/7 at home, hospital, or nursing home.

**Flexible Family Care**

301 S. Iowa #1, Washington ..... 319-653-9355

**Hospice of Washington County** [hospicewashingtoncounty.org](http://hospicewashingtoncounty.org)

948 East 11<sup>th</sup> Street, Washington ..... 319-653-7321  
Provides Hospice and Palliative Care services to a 7 county area. Nursing services available 24/7. Other services include social work, chaplain, health aides, and therapists.

**Iowa Family Practice**

305 W. Main St, Washington..... 319-461-0130

**Mercy Family Medicine of Kalona**

[mercyfinkalona.portalforpatients.com/portal/default.aspx](http://mercyfinkalona.portalforpatients.com/portal/default.aspx)

207 1st Street, Kalona..... 319-656-3151

**Wellman Family Practice**

[cityofwellman.com/businesses/wellman-family-practice](http://cityofwellman.com/businesses/wellman-family-practice)

217 8<sup>th</sup> Ave SW #3, Wellman.....319-646-2800

**University of Iowa Hospital and Clinics River Crossing**

[uihc.org/ui-health-care-river-crossing](http://uihc.org/ui-health-care-river-crossing)

3056 River Crossing Ct, Riverside ..... 319-467-8355

**WCHC Medical Clinic** [wchc.org](http://wchc.org)

444 E. Polk St, Washington..... 319-653-6601

**WCHC Family Medicine** [wchc.org](http://wchc.org)

1230 S. Iowa, Washington..... 319-653-7291

**WCHC/UIHC Midwife Clinics**

Midwives from UIHC offer prenatal visits at WCHC a minimum of twice each month. Newborn delivery will take place in UIHC. Call and request to be seen at WCHC..... 800-777-8442

**Washington County Public Health** [washph.com](http://washph.com)

110 N. Iowa Ave, Washington..... 319-653-7758

Public Health offers a variety of services including: vaccinations, dental services, WIC clinics, home care services, and information as well as assistance in understanding and applying for Medicaid, hawk-i, and other insurance programs.

**Medical Equipment & Supplies**

**Free equipment rental**

**Sonshine Outreach**

301 W. 2<sup>nd</sup> St, Washington..... 319-591-1333

Located behind Grace Community Church

**Equipment Purchase**

**Community Medical Supply**

505 Hwy 1 South, Washington ..... 319-653-5797

**Stout Supply**

3096 Old White Way, Ainsworth..... 319-657-4127

**Pharmacies providing Home Delivery**

**Hy-Vee Pharmacy**

528 Hwy 1 South, Washington ..... 319-653-2155

**Miller Medicine Cabinet** (delivery in Kalona and Wellman)

214 5<sup>th</sup>, Kalona..... 319-656-3134

**Pharmacy on 8<sup>th</sup>**

221 8<sup>th</sup> Ave, Wellman..... 319-646-3388

**Smart Scripts** (home and mail delivery)

[www.smartscripts.com](http://www.smartscripts.com)

1010 W Madison, Washington ..... 844-597-6278

**WCHC Beans Pharmacy**

222 S Iowa Ave, Washington..... 319-653-4646

**Physical Therapy**

**Jet Physical Therapy** [www.jetpt.net](http://www.jetpt.net)

511 Hwy 1 South, Washington ..... 319-653-5494

525 13<sup>th</sup> Street, Suite 101, Wellman ..... 319-646-5381

**Physical Therapy Services PC**

423 B Ave, Kalona ..... 319-656-3177

**Washington County Hospital and Clinics Rehabilitation**

**Services**

400 E Polk St, Washington ..... 319-863-2030

**Vision**

**Eye Associates of Iowa City, Kalona Office**

[eyeassociatesic.com/about-us/kalona-office](http://eyeassociatesic.com/about-us/kalona-office)

204 5<sup>th</sup> Street, Kalona..... 319-656-2420

**Modern Eye Care** [modeyecare.com](http://modeyecare.com)

301 S. Iowa, Washington ..... 319-653-2371

**UIHC River Crossing** [uihc.org/ui-health-care-river-crossing](http://uihc.org/ui-health-care-river-crossing)  
3056 River Crossing Ct, Riverside ..... 319-467-8355  
**Axis Vision Care** <http://www.washeyecare.com>  
221 N 2<sup>nd</sup> Ave, Washington.....319-653-4558  
or 800-653-7925

## HOUSING

**Area XV Multi-County Housing Agency** [areaxvhousing.org/](http://areaxvhousing.org/)  
417 N College St, Agency.....641-937-5222 or 800-848-9438  
Administers three different types of housing programs in  
Southeast Iowa; Public Housing, Section 8 Housing Choice  
Voucher Program, Area 15 Apartments Program (for elderly  
and disabled only).

**HUD Housing** [portal.hud.gov/hudportal/HUD](http://portal.hud.gov/hudportal/HUD)  
Provides oversight for Public Housing Agencies, administers  
FHA home mortgage program, & provides other housing  
information and assistance.

**Habitat for Humanity** [www.iowavalleyhabitat.org](http://www.iowavalleyhabitat.org)  
2401 Scott Blvd SE, Iowa City, IA 52240..... 319-337-8949  
Home ownership program. See website for details.

**Helping Hands:** Affordable home repairs and aging in place  
modifications for homeowners.

**HACAP** [hacap.org](http://hacap.org)  
2175 Lexington Blvd. Bldg #1, Washington ..... 319-653-7275  
HACAP offers transitional housing to income eligible applicants  
who will learn a variety of skills while completing all  
compliance requirements. Apartments located at 2176  
Lexington Blvd.

**Shelter House** [shelterhouseiowa.org/](http://shelterhouseiowa.org/)  
429 Southgate Ave, Iowa City..... 319-351-0326  
Provides emergency shelter and assistance to help individuals  
find affordable housing and permanent supportive housing.

## **Other Low Income Apartments**

### **Ashley Lynn Condominiums**

[elliottrealtygroup.com/rental-properties](http://elliottrealtygroup.com/rental-properties)  
325 & 375 West 18<sup>th</sup> St ..... 319-461-4413  
Information and rental application available at the website.

### **Autumn Park Apartments**

841 W Monroe St..... 319-653-6804  
Autumn park apartments offers senior, low income,  
handicapped accessible housing.

### **Briarwood Apartments**

700 W Tyler St, Washington ..... 319-591-8213

### **Highland Park Apartments**

215 East 15<sup>th</sup> St, Washington...319-530-0716 or 319-863-3621

### **Lantern Grove Apartments**

1608 N. 5<sup>th</sup> Ave, Washington ..... 319-653-6555

### **Washington Court Apartments**

1302 N. 2<sup>nd</sup> St., Washington ..... 319-461-3067

### **Woodbridge Apartments**

603 W. Adams St., Washington ..... 319-362-1029

### **Kalona Valley Apartments**

307 5<sup>th</sup> Street, Kalona..... 319-656-2614

### **Landlord list available at**

**Washington Chamber of Commerce**.....319-653-3272

## LEGAL

### **Disability Rights IOWA**

[disabilityrightsiowa.org/](http://disabilityrightsiowa.org/)  
400 E Court Ave #300, Des Moines.....515-278-2502 or  
800-779-2502

Disability Rights IOWA aims to defend and promote the human  
and legal rights of Iowans who have disabilities and mental  
illness.

### **Iowa Legal Aid**

[iowalegalaid.org/](http://iowalegalaid.org/)  
1700 S 1<sup>st</sup> Ave, Iowa City..... 800-532-1275

for Iowans age 60 and over..... 800-922-8161  
 Applications for free legal advice can be completed online, via telephone or in person. Offices are open 8:30 to 4:30 (emergencies taken when open).  
 People who cannot get help from Iowa Legal Aid may be able to find a lawyer through the Iowa State Bar Association's website. [iowafindalawyer.com/](http://iowafindalawyer.com/) .....800-532-1108  
 Attorneys taking part in **Find-a-Lawyer** charge a \$25.00 fee for the first 30-minute consultation

**Iowa State Public Defender** [spd.iowa.gov/](http://spd.iowa.gov/)  
 216 South 3rd, Burlington.....319-753-5163  
**State Attorney General** [iowaattorneygeneral.gov](http://iowaattorneygeneral.gov)  
 Consumer Protection Division, Des Moines....515-281-5926 or 888-777-4590  
**Washington County Atty**  
 222 W Main St, Washington.....319-653-7721

## LIBRARIES

**Kalona Public Library** [kalona.lib.ia.us](http://kalona.lib.ia.us)  
 510 C Ave ..... 319-656-3501  
**Washington Public Library** [washington.lib.ia.us](http://washington.lib.ia.us)  
 115 W. Washington ..... 319-653-2726  
**Wellman-Scofield Public Library** [wellman.lib.ia.us](http://wellman.lib.ia.us)  
 711 4<sup>th</sup> St..... 319-646-6858

## SENIOR CITIZENS

**Home Health Services** – Each of the following providers is different but services can include Skilled Nursing, Home Care Aides, and Homemakers. Home Care Services can usually be paid for by: Medicare, Medicaid, private insurance, VA. Private pay services may be available on a sliding fee scale.

**Comfort Keepers** [coralville-585.comfortkeepers.com/](http://coralville-585.comfortkeepers.com/)  
 1752 5<sup>th</sup> St, Coralville ..... 319-354-0285

**Optimae Home Health** [optimaeliveservices.com/](http://optimaeliveservices.com/)  
 1415 W. 5<sup>th</sup>, Washington ..... 319-653-6571

**Washington County Public Health** [washph.com/](http://washph.com/)  
 110 N. Iowa Ave, Suite 300, Washington ..... 319-653-7758

**Wesley in Home** (coordinated through Lending Hands Inc)  
[wesleylife.org/living-options/halcyon-house-washington/default.aspx](http://wesleylife.org/living-options/halcyon-house-washington/default.aspx)  
 310 Hwy 1 and 92 N, Washington ..... 319-653-2661  
 Services, provided for private pay clients only, is coordinated through Lending Hands Inc.

**Adult Day Care**  
**Lending Hands Inc**  
[wesleylife.org/contact-us/adult-day-lending-hands.aspx](http://wesleylife.org/contact-us/adult-day-lending-hands.aspx)  
 301 Hwy 1 and 92 N, Washington ..... 319-653-2661  
 Adult day care. Associated with Halcyon House retirement complex.

**Home Delivered Meals**  
**Meals on Wheels - A Program of Elder Services**  
[livablecommunity.org/Services/67834F8C-2AC6-4E1F-BF40-69E5080AAEC7/Meals-on-Wheels-A-Program-of-Elder-Services-Inc.aspx](http://livablecommunity.org/Services/67834F8C-2AC6-4E1F-BF40-69E5080AAEC7/Meals-on-Wheels-A-Program-of-Elder-Services-Inc.aspx)  
 1556 S 1<sup>st</sup> Ave., Ste A, Iowa City ..... 319-338-0515  
 Delivers frozen meals, breakfast bags to the home on a bi-weekly basis.

**Pleasantview Home** Kalona only ..... 319-656-2421

**Wellman Senior Dining**..... 319-646-2711

**Community Meal Sites**  
**United Presbyterian Church** – Saturday Kitchen 11 am–1 pm  
 209 East Main, Washington ..... 319-653-6588  
**Wellman Senior Dining**  
 223 8<sup>th</sup> Ave., Wellman..... 319-646-2711

## **Other Senior Services**

### **Washington County Veterans Affairs**

[co.washington.ia.us/181/Veterans-Affairs](http://co.washington.ia.us/181/Veterans-Affairs)

2175 Lexington Blvd, Building #2, Washington...319-653-7768

Support for veterans and their families.

### **Social Security Administration**      [www.ssa.gov](http://www.ssa.gov)

..... 800-772-1213

## **SUBSTANCE ABUSE**

### **Al-Anon & Alateen**    [iowa-al-anon.org/meetings/washington-caring-and-sharing-afg/](http://iowa-al-anon.org/meetings/washington-caring-and-sharing-afg/)

Support group for persons who feel their lives have been, or are being affected by alcoholism in a family member or friend.

### **Alcoholics Anonymous**

<http://www.iowadist10aa.org/aa-meetings-in-washington%2C-ia.html>

Iowa City Contact Number .....319-338-9111

National Help Line ..... 800-234-2046

Support group for individuals who have experienced problem drinking and want to stay sober. Washington and Wellman are in **District 10** Riverside and Kalona are in **District 13**

### **Prelude Behavioral Services**      [preludeiowa.org](http://preludeiowa.org)

1201 Industrial Park Drive, Washington ..... 319-653-7597

Provides a variety of services including drug testing, counseling, problem gambling, OWI courses, and prevention.

### **Narcotics Anonymous** ..... 800-897-6242

Support group for individuals who have experienced drug addiction and want to stay sober.

### **St Luke's Chemical Dependency Services**

[unitypoint.org/cedarrapids/default.aspx](http://unitypoint.org/cedarrapids/default.aspx)

810 1<sup>st</sup> Ave NE, Cedar Rapids..... 319-363-4429

Provides a variety of services including comprehensive

evaluation, inpatient detoxification, and intensive outpatient therapy.

### **U of I Chemical Dependency Program**

[uihc.org/substance-use-disorders](http://uihc.org/substance-use-disorders)

200 Hawkins Dr, Iowa City .....319-384-8765

Provides a full range of services including extended and intensive outpatient programs, and services for students.

### **Washington County Outreach**

[washington.ia.us/229/Outreach](http://washington.ia.us/229/Outreach)

2175 Lexington Blvd #3, Washington ..... 319-653-7749

Provides probation supervision services to court ordered individuals, substance abuse assessment, and referrals.

### **Advance Medical Transport**

[manta.com/c/mr41bkw/advanced-medical-transport-of-iowa](http://manta.com/c/mr41bkw/advanced-medical-transport-of-iowa)

2228 Heinz Rd, Iowa City ..... 319-341-7799

### **Celebrate Recovery – Brighton**

<https://www.celebraterecovery.com/>

A Christ centered recovery program.

Rick Zickefoose..... 319-548-0073

Ryan Dexter ..... 319-931-6483

## **TRANSPORTATION**

### **Southeast Iowa Ambulance Service**

[seiowaambulance.com](http://seiowaambulance.com)

4165 Naples Ave SW # 5, Iowa City ..... 319-466-0735

### **Washington County Minibus**

[washingtoncountyminibus.squarespace.com](http://washingtoncountyminibus.squarespace.com)

1010 W 5<sup>th</sup> St, Washington ..... 319-653-2853

### **Wheelchair Van Service** via Washington County Ambulance

[washingtoncountyambulance.net](http://washingtoncountyambulance.net)

1120 N 8th Ave, Washington ..... 319-653-2047

## Utilities and Public Services

**Driver's License/ID** Washington County Treasurer's Office  
County Courthouse .....319-653-7789

### **Gas & Electric**

Alliant Energy  
220 East 3<sup>rd</sup> St, Washington..... 800-255-4268

### **MidAmerican Energy**

1630 Lower Muscatine Rd, Iowa City.....319-472-5632

## WELLNESS

### **Farmers Markets**

#### **Riverside Farmers Market**

Sundays 10 am – 1 pm July through September at the  
Riverside Casino Parking Lot, 3184 Hwy 22

#### **Washington Farmers Market**

5-7:30 pm on Thursdays in Central Park from May through  
October

#### **Wellman Farmers Market**

Tuesdays 4-6 pm at Bidwell-Slockett Park during the summer  
months.

### **Wellness Education**

#### **Washington County Hospital and Clinics**

[www.wchc.org](http://www.wchc.org)

400 E Polk St, Washington..... 319-653-4271  
Cardiac Rehabilitation, Diabetes Education, Fresh Start Weight  
Loss, Healthcare Library

#### **Fitness/Swim Centers**

**Kalona Municipal Pool** ..... 319-656-2309

**Kalona Rec Center** [kalonacommunitycenter.com/](http://kalonacommunitycenter.com/)

511 C Ave ..... 319-656-2310

**Washington Steele Family Aquatic Center**... 319-653-6054

## **YMCAs of Washington County**

[washingtonty.org/home.aspx](http://washingtonty.org/home.aspx)

Each Community Y offers a variety of programming, services,  
and opportunities for individuals of all ages.

**Wellman** - 22525 13<sup>th</sup> St ..... 319-646-8439

### **Washington has two locations:**

2121 E Main..... 319-653-2141

2110 S Iowa ..... 319-653-6500

**Outdoor Tracks** (available for public use when not is school  
use and according to school rules)

**Case Field**.....South 9<sup>th</sup> Avenue, Washington

**Highland School District Track**.....1715 Vine Ave, Riverside

**Mid-Prairie School District Track**.....1634 Hwy 22, Wellman

### **Parks, Trails & Recreation Areas**

**Brinton Timbers Park**.....Fir Ave North, west of Brighton

**Clemons Creek Wildlife and Recreation Area**

.....Kiwi Ave, Washington

**Fern Cliff County Park**.....Fern Cliff Road, Crawfordsville

**Kewash Nature Trail**.....D Ave, Washington

**Washington County Conservation Education Center &**

**Marr Park**.....2943 Hwy 92, Ainsworth

**Lake Darling State Park**.....111 Lake Darling Road, Brighton

**Sunset Park** .....Hwy 92, Washington

Wooden play area, disc golf course, dog park, skate park

**For a complete list of parks in Washington County  
visit....**

[co.washington.ia.us/170/Conservation](http://co.washington.ia.us/170/Conservation)

[chamber.washingtioniowa.org/parks-recreation/](http://chamber.washingtioniowa.org/parks-recreation/)

## Youth Opportunities

### **Boy Scouts of America** [hawkeyebsa.org](http://hawkeyebsa.org)

Hawkeye Area Council  
660 32<sup>nd</sup> Ave. SW, Cedar Rapids ..... 319-862-0541  
Cub Scouts is a family centered program for boys from 1st to 5th grades that fosters self-esteem and teaches cooperation.

### **Elements** [kalonayouth.com/index.html](http://kalonayouth.com/index.html)

511 C Avenue, Kalona..... 319 656 2400  
Outreach program for kids from grades 6-12 operated by Kalona Youth Organization.

### **Girl Scouts of Eastern Iowa and Western Illinois**

#### [GSEIWI.org](http://GSEIWI.org)

Local troops provide opportunities to help girls discover their strengths and passions with a mission to grow girls of confidence & character who will make the world a better place.

### **ISU Extension & Outreach Washington County Office**

#### [extension.iastate.edu/washington](http://extension.iastate.edu/washington)

2223 250<sup>th</sup> Street ..... 319-653-4811  
4-H & Youth Programs, special events and much more!

### **Kalona Rec Center** [kalonacommunitycenter.com/](http://kalonacommunitycenter.com/)

511 C Ave ..... 319-656-2310

### **YMCA of Washington County**

#### [washingtoney.org/home.aspx](http://washingtoney.org/home.aspx)

Each Community Y offers a variety of programming, services, and opportunities for individuals of all ages.

**Wellman** – 22525 13<sup>th</sup> St ..... 319-646-8439

#### **Washington has two locations:**

2121 E Main ..... 319-653-2141

2110 S Iowa ..... 319-653-6500

## ADDITIONAL INFORMATION HELPLINES

Alcoholism & Drug Dependence, Nat. Council.. <a href="http://www.ncadd.org">www.ncadd.org</a> .....	800-622-2255
Alzheimer's & Related Disorders <a href="http://www.alz.org">www.alz.org</a> .....	800-272-3900
American Cancer Society <a href="http://www.cancer.org">www.cancer.org</a> .....	800-227-2345
American Heart Association <a href="http://www.heart.org">www.heart.org</a> .....	800-242-8721
American Lung Association of Iowa <a href="http://www.lung.org">www.lung.org</a> .....	800-586-4872
Bullying & Youth Suicide Hotline <a href="http://www.yourlifeiowa.org">www.yourlifeiowa.org</a> .....	855-581-8111
COMPASS, Iowa (disabled) <a href="http://www.iowacompass.org">www.iowacompass.org</a> .....	800-779-2001
Crisis Text Line .....	Text "Go" to 741741
Cybertip Hotline (Center for Missing & Exploited Children).....	800-843-5678
Department of Human Services Child & Adult Abuse Hotline....	800-362-2178
Domestic Violence Abuse Hotline <a href="http://www.thehotline.org">www.thehotline.org</a> .....	800-799-7233
Mental Health Crisis Line-Your Life Iowa 24 hrs a day .....	855-581-8111
or Text 24 hrs a day <a href="http://www.YourLifeIowa.org">www.YourLifeIowa.org</a> .....	855-985-8398
Gambling Hotline (BETS OFF) <a href="http://www.1800betsoff.org">www.1800betsoff.org</a> .....	800-BETS-OFF
Paws & More Animal Shelter.....	319-653-6713
IRS (Federal Income Tax Info) <a href="http://www.irs.gov">www.irs.gov</a> .....	800-829-1040
Lead Poisoning.....	800-972-2026
Medicare Hotline <a href="http://www.medicare.gov">www.medicare.gov</a> .....	800-633-4227
Narcotics Hotline (report suspected drug and meth activity).....	800-532-0052
National Hispanic Family Health Help Line.....	866-SU-FAMILIA
National Youth Crisis Hotline.....	800-442-4673
Poison Control <a href="http://www.iowapoisson.com">www.iowapoisson.com</a> .....	800-222-1222
Quitline Iowa (quit smoking) <a href="http://www.quitlineiowa.org">www.quitlineiowa.org</a> .....	800-784-8669
Rape, Abuse, & Incest National Network (RAINN).....	800-656-4673
Sexual Abuse Hotline-Iowa .....	800-284-7821
Social Security Administration <a href="http://www.ssa.gov">www.ssa.gov</a> .....	800-772-1213
Substance Abuse Information Center <a href="http://www.drugfreeinfo.org">www.drugfreeinfo.org</a> .....	866-242-4111
Suicide Prevention <a href="http://www.suicidepreventionlifeline.org">www.suicidepreventionlifeline.org</a> .....	800-273-8255
Veterans Foundation Help Line.....	888-777-4443
Weather & Road Information <a href="http://www.511ia.org">www.511ia.org</a> .....	511 or 800-288-1047

Updated June 2019

To submit new or corrected information for the next update of this directory please email [rsloat@washph.com](mailto:rsloat@washph.com)